



DAN BERSTEIN

Bio



Dan Berstein combines his professional expertise as a mediator, his academic background in mental health and public health, and his personal experience living with bipolar disorder to develop innovative online programs that use conflict resolution best practices to prevent discrimination. Through his company, MH Mediate, Dan has trained thousands of people to talk about mental health, address challenging behaviors, and resolve conflicts. Clients have included individuals, organizations, and government agencies at the city, state, and federal levels.

Dan is the co-founder of the Dispute Resolution in Mental Health Initiative at the CUNY Dispute Resolution Center. He holds a master's degree in Mental Health from the Johns Hopkins School of Public Health, a bachelor's degree from the Wharton School at the University Pennsylvania, and a mediation certification from the New York Peace Institute where he formerly sat on the Mediator Advisory Board. His book, Mental Health and Conflicts: A Handbook for Empowerment, was published by the American Bar Association in 2022.